# Pritha R. Dhungana, MD, FAACAP Board Certified in Child, Adolescent & Adult Psychiatry

13 - 17



835 Oakley Seaver Dr. Clermont, FL. 34711 Tel: 352-241-9282

803 E. Dixie Ave. Leesburg, FL. 34748 Fax: 352-633-4288

Support@SerenityHC.net

Hello and welcome to our office.

The following paperwork is everything you need to fill out and either fax, email, or upload within 2 days of receiving it. To guarantee your appointment, ONLY those with fully COMPLETED paperwork received PRIOR to the appointment will be guaranteed. PLEASE arrive 45 minutes PRIOR to your scheduled appointment time. Every document is essential and has a purpose, please fully complete each page, prior to our first meeting with you or your child.

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Docum	ID Card/ Drivers Licence Copy of Insurance Card Name and Address of Pharmacy Fill out complete list of ALL medications you are taking; from doctors & over the counter; include dosages				
<u>Inform</u>	ation about our office:				
*	WE DO NOT PRESCRIBE ADDERALL/ Benzodiazepines/Hypnotics/ OR AMBIEN MEDICATIONS				
*	we do not place or fill out any forms related to to Disability, FMLA, Service Animals, Workman's Compensation or				
	Medicai Marijuana				
*	Patients will be evaluated, but there is no guarantee that they will be given the type of medication they seek or any				
	medication. Dr. Dhungana and her Nurse Practitioners believe in a holistic approach to medicine.				
*	ALL patients must arrive 15 minutes prior to their scheduled appointments.				
**	Please arrive 45 minutes prior to your appointment time, if you have completed all your New Patient paperwork, and				
	maye sent it to: email: <u>Support@SerenityHC.net</u> , or faxed to 352-241-4282 within 48 hours of receiving it				
*	Please bring in your medication list and bottles of your medications.				
•	Please ensure you CONFIRM your appointment at least 24 hours in advance of every visit to avoid a \$50 Fee				
ALL M	INORS- 17 and under				
*	If parents are married: BOTH PARENTS ARE REQUIRED TO ATTEND INITIAL APPOINTMENT				
*	in parents are divorced. Both parents are Strongly Encouraged to attend the first visit - will also pood the legal divorced.				
^	If adopted: Legal court paperwork is required.				
	Thank You,				
	Serenity Health Centers				
	Patient Name:				
	Patient/ Guardian Signature: Date Date				

(1)



# Psychiatry Clinic Intake Questionnaire (Please Print Clearly and Complete ALL Page)

Child's NAME;			Today's Date:		
Last Fir	st 1V	liddle			
Legal Guardian's Name:			_		
Home Address:	-	- Augustus			
Telephone:					
SSN:Sex:	M / F Other	Date	of Birth:		
Child's social status: Still at home					
Email:	^	dlergies:			
Highest Level of Education:  Elementary (grade) Midden College (Graduate	die (grad d Yes / No)	e) HS(grade Graduate School	e) (Graduated Yes / No) GFD		
Child's Place of Education:					
Name		Address	City		
Child's Place of Employment:					
Name		Address	City		
Who Referred you to our Office?					
	Name		Telephone		
Who is the Child's Pediatrician?		Ĭ.			
For what problem(s) do you seek h	Name & Practic	9	<b>-</b> 1		
What problem(s) with your child do you					
8					
What makes the problem worse?					
What makes the problem better?					
What goal(s) do you hope psychiatric treatment will help you to achieve?					
What form of treatment do you expect	( medication, psy	/chotherapy, other)?			
How long do you feel this will take?	497				

# Screen for Child Anxiety Related Disorders (SCARED)

# Parent Version - Page 1 of 2 (To be filled out by the PARENT)

Name:	77-4
reame.	Date:

#### Directions:

Below is a list of statements that describe how people feel. Read each statement carefully and decide if it is "Not True or Hardly Ever True" or "Somewhat True or Sometimes True" or "Very True or Often True" for your child. Then for each statement, fill in one circle that corresponds to the response that seems to describe your child for the last 3 months. Please respond to all statements as well as you can, even if some do not seem to concern your child.

		0 Not True or Hardly Ever True	1 Somewhat True or Sometimes True	2 Very True or Often True
1.	When my child feels frightened, it is hard for him/her to breathe	O	0	0
2.	My child gets headaches when he/she is at school	0	0	0
3.	My child doesn't like to be with people he/she doesn't know well	0	0	0
4.	My child gets scared if he/she sleeps away from home	0	0	0
5.	My child womes about other people liking him/her	O	0	0
6.	When my child gets frightened, he/she feels like passing out	٥	0	0
7.	My child is nervous	0	0	0
8.	My child follows me wherever I go	0	0	0
9.	People tell me that my child looks nervous	٥	0	0
10.	My child feels nervous with people he/she doesn't know well	0	0	0
11.	My child gets stomachaches at school	0	O	0
12.	When my child gets frightened, he/she feels like he/she is going crezy	0	o	0
13.	My child worries about sleeping alone	0	0	0
14.	My child worries about being as good as other kids	0	0	0
15.	When he/she gets frightened, he/she feels like things are not real	0	0	-
16.	My child has nightmares about something bad happening to his/her parents	0	0	0
17.	My child womes about going to school	0	0	0
18.	When my child gets frightened, his/her heart beats fast	0	0	0
19.	He/she gets shaky	0	0	0
20.	My child has nightmares about something bad happening to him/her	0	0	

# Screen for Child Anxiety Related Disorders (SCARED)

Parent Version - Page 2 of 2 (To be filled out by the PARENT)

		0 Not True or Hardly Ever True	f Somewhat True or Sometimes True	2 Very True or Offen True
21.	My child worries about things working out for him/her	0	0	0
22.	When my child gets frightened, he/she sweats a lot	0	0	0
23.	My child is a womer	0	0	o
24.	My child gets really frightened for no reason at all	0	0	0
25.	My child is afraid to be alone in the house	0	o	0
26.	It is hard for my child to talk with people he/she doesn't know well	0	0	0
27.	When my child gets frightened, he/she feels like he/she is choking	0	0	0
28.	People tell me that my child womes too much	0	0	0
29.	My child doesn't like to be away from his/her family	0	o o	0
30.	My child is afraid of having anxiety (or panic) attacks	0	0	0
31.	My child worries that something bad might happen to his/her parents	0	0	0
32.	My child feels shy with people he/she doesn't know well	0	0	0
33.	My child womes about what is going to happen in the future	0	0	0
34.	When my child gets frightened, he/she feels like throwing up	0	0	0
35.	My child worries about how well he/she does things	0	Ó	0
36.	My child is scared to go to school	0	0	<del> </del>
37.	My child worries about things that have already happened	0	0	0
38.	When my child gets frightened, he/she feels dizzy	0	0	0
39.	My child feels nervous when he/she is with other children or adults and he/she has to do something while they watch him/her (for example: read aloud, speak, play a game, play a sport)	0	0	0
40.	My child feels nervous when he/she is going to parties, dances, or any place where there will be people that he/she doesn't know well	0	0	0
41.	My child is shy	0	0	0

Developed by Boris Birmaher, MD, Suneeta Khetarpal, MD, Marlane Cully, MEd, David Brent, MD, and Sandra McKenzie, PhD. Western Psychiatric Institute and Clinic, University of Pgh. (10/95). Email: birmaherb@msx.upmc.edu

### Screen for Child Anxiety Related Disorders (SCARED) Child Version—Pg. 1 of 2 (To be filled out by the CHILD)

Date:	•				
Directions: Below is a list of senter Ever True" or "Somew fill in one circle that or	nat True or Sometimes	True" or "Very True	or Often True" for	von Then for	nie or Hardly each sentence
			1		

	Not True or Hardly Ever True	Somewhat True or Sometimes True	2 Very True or Often True
1. When I feel frightened, it is hard to breathe.	0	0	0
2. I get headaches when I am at school.	0	0	0
3. I don't like to be with people I don't know well.	0	0	0
4. I get scared if I sleep away from home.	0	0	0
5. I worry about other people liking me.	0	0	0
6. When I get frightened, I feel like passing out.	0	0	0
7. I am riervous.	0	0	0
8. I follow my mother or father wherever they go.	0	0	0
9. People tell me that I look nervous.	0	0	0
10. I feel nervous with people I don't know well.	0	0	0
11. I get stomzchzches at school.	0	0	0
12. When I get frightened, I feel like I am going crazy.	0	0	0
13. I worry about sleeping alone.	0	0	0
14. I worry about being as good as other kids.	1 0	0	0
15. When I get frightened, I feel like things are not real.	0		0
16. I have nightmares about something bad happening to my parents.	0	0	0
17. I worry about going to school.	0	0	10
18. When I get frightened, my heart beats fast.	0	0	1 0
19. I get shaky.	0	0	10
20. I have nightmares about something bad happening to me.	0	0	0

#### Screen for Child Anxiety Related Disorders (SCARED) Child Version—Pg. 2 of 2 (To be filled out by the CHILD)

	0 Not True or Hardly Ever True	1 Somewhat True or Sometimes True	2 Very True or Often True
21. I worry about things working out for me.	0	0	0
22. When I get frightened, I sweat a lot.	0	0	0
23. I am a worrier.	0	0	0
24. I get really frightened for no reason at all.	0	0	0
25. I am afraid to be alone in the house.	0	0	0
26. It is hard for me to talk with people I don't know well.	0	0	0
27. When I get frightened, I feel like I am choking.	0	0	0
28. People tell me that I worry too much.	10	0	0
29. I don't like to be away from my family.	0	0	0
30. I am afraid of having anxiety (or panic) attacks.	0	0	0
31. I worry that something bad might happen to my parents.	0	0	0
32. I feel shy with people I don't know well.	0	0	0
33. I worry about what is going to happen in the future.	0	0	0
34. When I get frightened, I feel like throwing up.	0	0	0
35. I worry about how well I do things.	0	0	0
36. I am scared to go to school.	0	0	0
37. I worry about things that have already happened.	0	0	1 0
38. When I get frightened, I feel dizzy.	0	0	0
39. I feel nervous when I am with other children or adults and I have to do something while they watch me (for example: read aloud, speak, play a game, play a sport.)	0	0	0
40. I feel nervous when I am going to parties, dances, or any place where there will be people that I don't know well.	O	0	0
4I. I am shy.	0	0	10

A total score of ≥ 25 may indicate the presence of an Anxiety Disorder. Scores higher that 30 are more specific. A score of 7 for items 1, 6, 9, 12, 15, 18, 19, 22, 24, 27, 30, 34, 38 may indicate Panic Disorder or Significant

Somatic Symptoms.

A score of 9 for items 5, 7, 14, 21, 23, 28, 33, 35, 37 may indicate Generalized Anxiety Disorder.

A score of 5 for items 4, 8, 13, 16, 20, 25, 29, 31 may indicate Separation Anxiety Disorder.

A score of 8 for items 3, 10, 26, 32, 39, 40, 41 may indicate Social Amriety Disorder.

A score of 3 for items 2, 11, 17, 36 may indicate Significant School Avoidance.

\*For children ages 8 to 11, it is recommended that the clinician explain all questions, or have the child answer the questionnaire sitting with an adult in case they have any questions.

Developed by Boris Birmaher, M.D., Sunecta Khetarpal, M.D., Mariane Cully, M.Ed., David Brent M.D., and Sandre McKenzie, Ph.D., Western Psychiatric Institute and Clinic, University of Pgt. (10/95), E-mail: birmahero@mss.upmc.edu

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#### CHILDREN'S DEPRESSION INVENTORY

	Name:	Date:	- · · · · · · · · · · · · · · · · · · ·
1	Kids sometimes have different feelings and ideas.		
	This form lists different feelings & ideas in groups. describes you best over the past two weeks. After on to the next group.		
3	There is no right or wrong answer. Just pick the ser been feeling recently.	ntence	that best describes the way you have
	Fill in the circle ( O) next to the sentence that you	ı pick f	or your answer.
	Here is an example of how this form works. Try it. describes you best.	Fill in t	the circle next to the sentence that
	Example: O I read books all the time. O I read books once in a while. O I never read books.		
	REMEMBER, PICK OUT THE SENTENCES THAT BEST THE PAST TWO WEEKS.	DESC	RIBE YOUR FEELINGS & IDEAS OVER
1.	O I am sad once in a while. O I am sad many times.	6.	OI think about bed things happening to me
2.	<ul> <li>I am sad all the time.</li> <li>Nothing will ever work out for me.</li> <li>I am not sure if things will work out for me.</li> <li>Things will work out for me.</li> </ul>		once in a while.  O I worry that bad things will happen to me.  O I am sure that terrible things will happen to me.
3.	<ul><li>I do most things OK.</li><li>I do many things wrong.</li><li>I do everything wrong.</li></ul>	7.	O I hate myself. O I do not like myself. O I like myself.
4.	<ul> <li>I have fun doing many things.</li> <li>I have fun doing some things.</li> <li>Nothing is fun at all.</li> </ul>	8.	<ul><li>O All bad things are my fault.</li><li>O Many bad things are my fault.</li><li>O Bad things are not usually my fault.</li></ul>
5.	O I am bad all the time. O I am bad sometimes. O I am bad once in a while.	9.	<ul> <li>O I do not think about killing myself.</li> <li>O I think about killing myself but I would not do it.</li> <li>O I want to kill myself.</li> </ul>

10. O I feel like crying every day.	20. O 1 do not feel alone.
O I feel like crying once in a while.	· O I feel alone often.
O I do not feel like crying.	O I feel alone all the time.
11. O Things bother me all the time.	21. O I never have fun at school.
O Things bother me once in a while.	O I have fun at school once in a while.
O Things do not bother me.	O I have fun at school all the time.
12. O I like being with people.	22. O I have plenty of friends.
O I do not like being with people.	O I have some friends but I wish I had more.
O I do not want to be around people at all.	O I do not have any friends.
13. O I cannot make up my mind about things.	23. O My school/home work is airight.
O It is hard to make up my mind about things.	O My school/home work is not as good as
O! make up my mind about things easily.	before.
	O I do badly in subjects I used to be good in.
14. O Hook OK.	140 a
O There are some bad things about my looks.	24. O I can never be as good as other kids.
O I look ugly.	O I can be just as good as other kids if I want to.
15. O I have to push myself all the time to do my	O I am just as good as other kids.
school/home work.	
O I have to push myself some of the time to	25. O No one really loves me.
do my school/home work.	O I am not sure if someone loves me.
O Doing school/home work is not a big	O I am sure that someone loves me.
problem.	product state of the control of the
. A	26. O I usually do what I am told.
16. O I have trouble sleeping every night.	O I do not do what I am told a lot of the time
<ul><li>I have trouble sleeping on some nights.</li><li>I sleep pretty well.</li></ul>	O I never do what I am told.
	27. O I get along with people.
17. O I am tired once in a while.	O I do not always get along with people.
O I am tired some days.	O I do not get along with people.
O I am tired all the time.	
	TOTAL:
18. O Most days I do not feel like eating.	
<ul> <li>I sometimes do not feel like eating.</li> </ul>	
O I eat pretty well.	•••
19. O I do not worry about aches and pains.	
O I sometimes worry about aches and pains.	
O I worry about aches and pains all the time.	

Childs Name:	_ DATE:

#### YMRS - PARENT VERSION

Directions: Please read each question below and circle the answer number which most closely describes your child.

- Mood Is your child's mood higher (better) than usual?
  - O. No
  - 1. Mildly or possibly increased
  - 2. Definite elevation-more optimistic, self-confident; cheerful; appropriate to their conversation
  - 3. Elevated but inappropriate to content; joking, mildly silly
  - 4. Euphoric; inappropriate laughter, singing/making noises; very silly
- 2. Motor Activity/Energy Does your child's energy level or motor activity appear to be greater than usual?
  - O. No
  - 1. Mildly or possibly increased
  - 2. More animated; increased gesturing
  - 3. Energy is excessive; hyperactive at times; restless but can be calmed
  - 4. Very excited; continuous hyperactivity; cannot be calmed
- 3. Sexual interest Is your child showing more than usual interest in sexual matters?
  - O. No
  - 1. Mildly or possibly increased
  - 2. Definite increase when the topic arises
  - 3. Talks spontaneously about sexual matters; gives more detail than usual; more interested in girls/boys than usual
  - 4. Has shown open sexual behavior- touching others or self inappropriately
- 4. Sleep Has your child's sleep decreased lately?
  - 0. No
  - 1. Sleeping less than normal amount by up to one hour
  - 2. Sleeping less than normal amount by more than one hour
  - 3. Need for sleep appears decreased; less than four hours
  - 4. Denies need for sleep; has stayed up one night or more
- 5. Irritability Has your child appeared irritable?
  - 0. No more than usual
  - 2. More grouchy or crabby
  - 4. Irritable openly several times throughout the day; recent episodes of anger with family, at school, or with friends
  - 6. Frequently initable to point of being rude or withdrawn
  - 8. Hostile and uncooperative about all the time
- 6. Speech (rate and amount) is your child talking more quickly or more than usual?
  - 0. No change
  - 2. Seems more talkative
  - 4. Talking faster or more to say at times 6. Talking more or faster to point he/she is difficult to interrupt
  - 8. Continuous speech; unable to interrupt

Childs Name:	DATE:
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#### YMRS - PARENT VERSION (Continued)

- 7. Thoughts Has your child shown changes in his/her thought patterns?
  - O. No
  - 1. Thinking faster, some decrease in concentration; talking "around the issue"
  - 2. Distractible; loses track of the point; changes topics frequently; thoughts racing
  - 3. Difficult to follow; goes from one idea to the next; topics do not relate; makes rhymes or repeats words
  - 4. Not understandable; he/she doesn't seem to make any sense
- 8. Content Is your child talking about different things than usual?
  - O. No
  - 2. He/she has new interests and is making more plans
  - 4. Making special projects; more religious or interested in God
  - 6. Thinks more of him/herself; believes he/she has special powers; believes he/she is receiving special messages
  - 8. Is hearing unreal noises/voices; detects odors no one else smells; feels unusual sensations; has unreal beliefs
- 9. Disruptive-Aggressive Behavior Has your child been more disruptive or aggressive?
  - 0. No; he/she is cooperative
  - 2. Sarcastic; loud; defensive
  - 4. More demanding; making threats
  - 6. Has threatened a family member or teacher, shouting; knocking over possessions/ furniture or hitting a wall
  - 8. Has attacked family member, teacher, or peer; destroyed property; cannot be spoken to without violence
- 10. Appearance Has your child's interest in his/her appearance changed recently?
  - 0. No
  - 1. A little less or more interest in grooming than usual
  - 2. Doesn't care about washing or changing clothes, or is changing clothes more than three time a day
  - 3. Very messy; needs to be supervised to finish dressing; applying makeup in overly-done or poor fashion
  - 4. Refuses to dress appropriately; wearing bizarre styles
- 11. Insight Does your child think he/she needs help at this time?
  - 0. Yes: admits difficulties and wants treatment
  - 1. Believes there might be something wrong
  - 2. Admits to change in behavior but denies he/she needs help
  - 3. Admits behavior might have changed but denies need for help
  - 4. Denies there have been any changes in his/her behavior/thinking

Signature of Parent /	Suardian:	
Signature of Parent /	Suardian:	

#### The SNAP-IV Teacher and Parent Rating Scale James M. Swanson, Ph.D., University of California, Irvine, CA 92715

Name:				Gender:	Age:	G	<b>ಾ</b> ರ್
Ethnicity (circle one which best applies):	African-American Asian	e Cancasian	Hispanic	Ottes		and the second s	
Completed by:	· ·	Type of C	ass:		Ilass size:		and the same of th
For each item, check the column which best	december this anilds			NY-+ A+	Your A	O-11-	Y7
The state of the s	concrete the child			Not At All	Just A Little	Quite A Bit	Very Much
				Au	THIE	W DIL	1477:077
1. Often fails to give close attention to deta	ils or makes careless misra	alección en sexis	יאיר חד זפינים				
2. Often has difficulty sustaining attention	in tasks or play activities		(A-01 (A1 A-01)		A(1	<del></del>	
3. Often does not seem to listen when spok	en to directly						
4. Often does not follow through on instru	tions and fails to finish so	hoolwork, cho	res_ or činties	<del></del>		***************************************	
o. Office has critically organizing rasks and	l activities						
5. Often avoids, dislikes, or reluctantly en	ages in tasks requiring sus	stained mental	effort				**************************************
7. Often loses things necessary for activiti	es (e.g., tovs, school assign	nments percil	or hoors		-		
8. Often is distracted by extraneous stimul	į		,				
9. Often is forgetful in daily ectivities	*			Table 1	*******	-	
10. Often has difficulty maintaining electron	S. orienting to remests of	יים ביים ביים ביים	emime		***************************************		
		· viiiovaang az	02022	-		-	
11. Often fidgets with hands or feet or squir	ms in seat						here controlled the controlled
12. Often leaves sear in classroom or in oth	ar situations in which rema	ining seated is	expected	• ====	\$22555 p		
15. Often runs about or climbs excessively	in simutions in which it is	assingmenteri			HOUSE HANDS		- Comment
.4. Otten has critically playing or engaging	r in leisure activities enterl	ly			200000000000000000000000000000000000000	: -2000000000000000000000000000000000000	
1). Often is "on the go" or often acts as if	"driven by a motor"	150		• ======			
16. Often talks excessively				52 (777)			
17. Often blurts out answers before question	ns have been completed					***************************************	
18. Often has difficulty awaiting turn			93	(Section of the Control of the Contr			
19. Often interrupts or introdes on others (e	g., butts into conversation	ns/games)				Sallis Carrier Sal	
20. Often has difficulty sitting still, being o	nict, or inhibiting impulse	s in the classro	om or at hon	ne <u> </u>			
21. Often loses temper							
22. Often argues with adults							
23. Often actively defies or refuses adult re	equests or rules						
24. Often deliberately does things that ann	oy other people						
25. Often blames others for his or her mist	zkes or mishenavior			Account Williams			
26. Often touchy or easily annoyed by oth	ces				-	))	
27 Often is angry and resentful					-		
28. Often is spiteful or vindictive							
29. Often is quarrelsome		₹,		8	An and a second	Articles Deli	
30. Often is negative, defiant, disobedient	, or hostile toward authorit	y figures					
51. Often makes noises (e.g., humming or	odď somes)			*			
32. Often is excitable, imprisive					-		-
33. Often cries easily				-	· -		
34. Often is uncooperative					1		
35. Often sets "smart"				-			
36. Often is restless or overactive							
37. Often disturbs other children				// <u></u>			-
38. Often changes mood quickly and dras	icelly '						
39. Often easily irustrated if demand are a	ot met immediately			50 - 15 mm			
40. Often tesses other children and interfe	res with their activities						

Check the column which best describes this child:	Not At All	Just A Liule	Quite A Bit 1	Very Mach
41. Often is aggressive to other children (e.g., picks fights or bullies)		*		
42. Often is destructive with property of others (e.g., vandalism)	The second second			- HELDOWENSKIEGE-
43. Often is deceifful (e.g., steels, lies, forges, copies the work of others, or "cons" others)	- AND			
44. Often and seriously violates rules (e.g., is mant, runs away, or completely ignores class rules)	-	-		
45. Has persistent pattern of violating the basic rights of others or major societal norms			حسبب	
46. Has episodes of failure to resist aggressive impulses (to assault others or to destroy property)				·
47. Has motor or verbal ties (sudden, rapid, recurrent, nomhymmic motor or verbal activity)				
48. Has repetitive motor behavior (e.g., hand waving, body rocking, or picking at skin)	Share and the same of the same			
49. Has obsessions (persistent and injursive mappropriate ideas, thoughts, or impulses)				
50. Has compulsions (repetitive behaviors or mental acts to reduce anxiety or distress)	*			
201-1990 Activitions (redentity order 1000) it months are 10 toward artificial of empression	-			-
51. Often is restless or seems keyed up or on edge				
52. Often is easily fatigued				
53. Often has difficulty concentrating (mind goes blank)				
54. Often is imitable				
55. Often has muscle tension				
56. Often has excessive anxiety and wony (e.g., apprehensive expectation)				
		to the second of		
57. Often has daytime sleepiness (unintended sleeping in inappropriate situations)				
58. Often has excessive emotionality and attention-seeking behavior				
59. Often has need for undne admiration, grandiose behavior, or lack of empathy				-
60. Often has instability in relationships with others, reactive mood, and impulsivity		· ·	-	
61 Sometimes for at least a week has inflated self-esteem or grandiosity			160	
62. Sometimes for at least a week is more talkative than usual or seems pressured to keep talking				-
63. Sometimes for at least a week has flight of ideas or says that thoughts are racing				
64. Sometimes for at least a week has elevated, expansive or epphonic mood	-	() S <del>ame and</del>		500 10
65. Sometimes for at least a week is excessively involved in pleasurable but risky activities			Anna Anna Anna Anna	11 <del>12 10 10 10 10 10 10 10 10 10 10 10 10 10 </del>
	***********		100	
66. Sometimes for at least 2 weeks has depressed mood (sad, hopeless, discouraged)				
67. Sometimes for at least 2 weeks has initable or cranky mood (not just when inastrated)	1	_		
68. Sometimes for at least 2 weeks has markedly diminished interest or pleasure in most activities	***************************************		***************************************	
69. Sometimes for at least 2 weeks has psychomotor agitation (even more active than usual)				
70. Sometimes for at least 2 weeks has psychomotor retardation (slowed down in most activities)				
71. Sometimes for at least 2 weeks is fatigued or lass loss of energy				
72. Sometimes for at least 2 weeks its feelings of worthlessness or excessive, inappropriate guilt	3			-
73. Sometimes for at least 2 weeks has diminished ability to think or concentrate		_		-
10. Sometimes for stresses wester has diministed sounty to think or concentrate	-	·		. ——
74. Chronic low self-esteem most of the time for at least a year				
75. Chronic poor concentration or difficulty making decisions most of the time for at least a year			-	
76. Chromic feelings of hopelessness most of the time for at least a year				4-7-7
The state of the s				
77. Currently is hypervigilant (overly watchful or alert) or has exaggerated startle response	***************************************			
16. CUITELITY IS THE IZOLE, DAS ZINGER OUTDITIES OF THE STREET CONCERNMENT CONCERNMENT		_		
19. Currently has an emotional (e.g. nervous worried homeless reason) removes a	h-ani-			
80. Currently has a behavioral (e.g., fighting, vandalism, muancy) response to stress	***************************************		-	•
			• •	*
81. Has difficulty getting started on classroom assignments	-			
82. Has difficulty staying on task for an entire classroom period				
03. Ites proprems in completion of work on present actions				
84. Has problems in accuracy or nearness of writer work in the classroom	Section 2	A 1		
on the control of the same of	3-0-0000		-	·
Harvey Mary The Control of the Contr	SGBBWWs-			
DO. LLED DIDDIETTS IN INTERPRETATION WITH MALE A. T				-
55. FLES difficulty remaining quiet according to electrons wiles			_	
90. Has difficulty staying scated according to diagstoom rules	-			

#### Pritha R. Dhungana, MD, FAACAP Board Certified in Child, Adolescent & Adult Psychiatry



835 Oakley Seaver Dr. Clermont, FL 34711 Tel: 352-241-9282

803 E. Dixie Ave. Leesburg, FL 34748 Fax: 352-633-4288

# EXPRESS AND INFORMED CONSENT FOR TREATMENT I, the undersigned, a \_\_\_patient, \_\_\_ guardian advocate, \_\_\_ Healthcare surrogate/ proxy, hereby authorize the professional staff of this facility to administer mental health assessment and treatment. I understand that I am responsible for the fees for services rendered. I understand that mor information will be provided to me before my informed consent will be requested for the administration of psychotropic medications. I understand that my consent can be revoked orally or in writing prior to , or during the treatment period. I understand that my records are confidential, but there are some exceptions. Serenity Health Center agrees not to release any information about you, other than to Serenity Health Center staff on a need to know basis without getting your permission in writing. Florida and Federal law protects such information. Violations of these regulations may be reported as a crime. However, there are times when the law also says that information must be shared. These include cases where there is physical and sexual abuse or neglect of children, elders, or disabled persons; there is espression of intent to harm self or others; there is a threat or commission of a crime on Serenity Health Center's premises or to staff, a court order is issued requiring Serenity Health Center to release information; we learn of a contagious disease which may harm others; and or the State requires that we report client data for follow-up study. Patient Signature: Parent/ Guardian/ Surrogate Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_ I hereby \_\_\_\_\_ GIVE \_\_\_\_\_ DO NOT GIVE Serenity Health Center permission to contact me by: Phone \_\_\_ Text You can call me at: \_\_\_\_\_\_ During these We may want to cantact you by phone and/or text to remind you of your appointment, or how you are doing upon the completion of your treatment. Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Parent/ Guardian/ Surrogate Signature: \_\_\_\_\_\_ Date: \_\_\_\_\_



### Patient Rights and Responsibilities

While receiving services from Serenity Health Center you have the right to...

- 1. An environment that preserves the dignity and contributes to a positive self-image
- 2. Be served in the least restrictive treatment alternative available with your treatment needs.
- 3. Have all identifying and treatment information held in a confidential manner.
- 4. Know that information disclosed concerning abuse, neglect, or exploitation of a child, disabled adult, or the elderly MUST be reported to the Department of Health and Rehabilitation for possible investigation (under Florida State Law).
- 5. Be involved in the development and review and review the clinical records compiled as a result of treatment.
- Refuse care, treatment or services at any time.
- Treatment free from mental, physical, sexual, and verbal abuse, neglect and exploitation, or any form of corporal punishment.
- 8. To be informed (and when appropriate, family members) about the outcomes of care, including unanticipated outcomes.
- Exercise citizenship privileges.

## As a patient of Serenity Health Centers you have the Responsibility to...

- Provide accurate and complete information.
- 2. Schedule appointments and make any calls during normal office hours 9 am 4 pm Monday through Thursday. If you call after normal business hours, please leave a message and we will return your call within 24 to 48 business hours. If you are in Crisis or have an Emergency Immediately call 911.
- 3. Meet financial commitments by:
  - a.) Paying the fees for services rendered
  - b.) Being financially responsible for missed appointments.
- 4. Ask questions when you do not understand your care or do not know what is expected of you.
- 5. Show respect and consideration. You may be held legally responsible for any verbal or physical abuse towards Serenity Health Center's staff.
- Follow rules and regulations set forth by staff.
- Attend medication appointments to obtain prescription refills.
- 8. Accept the consequences for outcomes if you do not follow treatment recommendations.

By signing this form, I am verifying that I have read and received a copy of my Rights and Responsibilities form

Patient Signature:	Date:
Parent/ Guardian Signature:	Date:
Witness Signature:	Date:



#### NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE REVIEW IT CAREFULLY. If you have any questions regarding this notice please contact

Serenity Health Center 835 Oakley Seaver Dr.

Clemont, FL 34711 (Effective date November 14, 2008)

#### WHO WILL FOLLOW THIS NOTICE:

This notice describes our practice's privacy practices and that of:

- Any physician or health care professional authorized to enter information into your medical chart.
- All departments and units of the practice.
- All employees, staff, and other personnel.
- All these individuals, sites and locations follow the terms of this notice. In addition, these individuals, sites, and locations may share medical information with each other or with third-party specialists for treatment, payment, or office operations purposes described in this notice.

#### OUR PLEDGE REGARDING MEDICAL INFORMATION

We understand that medical information about you and your health is personal. We are committed to protecting medical information about you, We create a record of care and services you receive at our office. We need this record to provide you with quality care and to comply with certain legal requirements. This notice applies to all of the records of the care generated by our office.

This notice will tell you about the ways in which we may use and disclose medical information about you. We also describe your rights and certain obligations we have regarding the use and disclosure of medical information.

We are required by law to:

- Make sure that medical information that identifies you is kept private;
- Give you this notice of our legal duties and privacy practices with respect to medical information about you; and
- Follow the terms of this notice that is currently in effect.

#### HOW WE MAY USE AND DISCLOSE MEDICAL INFORMATION ABOUT YOU

The following categories describe different ways that we use and disclose medical information. Not every use or disclosure in a category will be used. However, all of the ways are permitted to use and disclose information will fall within one of the categories.

- For Treatment: We may use medical information about you to provide you with medical treatment or services. We may disclose medical information about you to the practice's office personnel who are involved in taking care of you in the office and elsewhere. We may also disclose medical information about you to people outside our office who may be involved in your care after you leave the office, such as family members or others we use to provide services that are a part of your care provided you have consented to such disclosure. These entities include third party physicians hospitals, nursing homes, pharmacies, or clinical labs with whom the offices consults or makes referrals.
- For Payment: We may use and disclose medical information about you so that the treatment and services you receive at our office may be billed to and payment may be collected from you, an insurance company, or a third party. For example, we may need to give your health plan information about procedures you received at the office so your health plan will pay us or reimburse you for the services. We may also tell your health plan about a treatment you are going to receive to obtain prior approval or to determine whether your plan will cover the treatment.
- For Healthcare Operations: We may also use and disclose medical information about you for medical office operations. These uses and disclosures are necessary to run our office and make sure that all patients receive quality care. For example, we may use medical information to review our treatment and services and to evaluate performance of our staff in caring for you. We may also combine medical information about many patients to decide what additional services the office should offer, what services are not needed, and whether certain new treatments are effective. We may also disclose information to our physicians, staff, and other office personnel for review and learning purposes.
- Appointment Reminders: We may also use your information to contact you as a reminder that you have an appointment for treatment or medical care in our office. You may be contacted by any of our personnel via phone, mail, text, or email.
- Treatment Alternatives: We may use your information to tell you about possible recommended treatment options or alternatives that may be of
- Individuals Involved in Your Care or Payment For Your Care: We may release medical information about you to a friend or family member who is involved in your medical care provided you have consented to such disclosure. We may also give information to someone who helps pay for your care. In addition, we may disclose information about you to an entity assisting in a disaster relief effort so that your family can be notified of your condition, status and location.
- As Required By Law: We will disclose medical information about you when required to do so by federal, state, or local law.
- To Avert a Serious Threat to Health or Safety: We may use and disclose medical information about you when necessary to prevent a serious threat to your health and safety of the public or another person. Any disclosure, however, would only be to someone able to help prevent the
- Health: Oversight Activities: We may disclose medical information to a health oversight agency for activities authorized by law. The oversight activities include for example, audits, investigations, inspections, and licensure. These activities are necessary for the government to monitor the healthcare system, government programs, and compliance with civil rights laws.



- Lawsuits and Disputes: If you are involved in a lawsuit or dispute, we may disclose medical information about you in response to a subpoena, discovery request, or other lawful process by someone else involved in the dispute, but only of efforts have been made to tell you about the request or to obtain an order protecting the information requested.
- Law Enforcement: We may release medical information if asked to do so by a law enforcement official in response to a court order, a subpoena, warrant, summons, or similar process. To identify or locate a suspect, fugitive, material witness, or missing person about the victim of a crime if under certain limited circumstances, we are unable to obtain the person's agreement about a death we believe may be the result of criminal conduct, about criminal conduct at the office, and the person's emergency circumstances to report a crime, the location of the crime or victims, or the identity, description or location of the person who committed the crime.
- Coroners, Medical Examiners and Funeral Directors: We may release medical information to a coroner or medical examiner. This may be
  necessary, for example, to identify a deceased person to determine the cause of death. We may also release medical information about patients
  of the office to funeral directors as necessary to carry out their duties.

#### YOUR RIGHTS REGARDING MEDICAL INFORMATION ABOUT YOU

You have the following rights regarding medical information we obtain about you:

- Right to inspect and copy: You have the right to a copy of your medical information that may be used to make decisions about your care. To inspect and/or receive a copy of medical information that may be used to make decisions about you, you must submit in writing to Serenity Health Center. If you request a copy of the information, we may charge you a minimum fee of \$50.00 to cover the costs of copying and mailing or other supplies associated with your request. We may deny your request to inspect and copy in certain limited circumstances.
- Right to Amend: If you feel that the information we have about you is incomplete or incorrect, you may ask us to amend the information. You have the right to ask for an amendment for as long as the information is kept by our office. To request an amendment, you must request in writing to your physician. In addition, you must provide a reason that supports your request. We may refuse to amend your record under limited circumstances.
- Right to Accounting Disclosures: You have the right to request a list of disclosures we made of medical information about you. To request this list you must submit a request in writing to Serenity Health Center and denote a time period not to exceed seven years. The first request will be free of charge, but additional lists may apply fees to be determined before any charges will be applied, at which time you may retract your request before any costs are incurred.
- Right to Request Restrictions: You have the right to request restrictions or limitations on the medical information we use ro disclose about you for treatment, payment, or healthcare operations. You also have a right to request a "limit" on the medical information we disclose about you to someone who is involved in your care or payment for your care, like a family member or friend.
  - We Are Not Required to Agree to Your Requests. If we do not agree to comply with your request, and only do so if the information is needed to provide you with emergency treatment. You must submit, in writing to Serenity Health Center citing: (1) which information you wish to limit; (2) whether you want to limit our use, disclosure or both; and (3) to whom you want the limits to apply.
- Right to Request Confidential Communications: You have the right to request that we will communicate with you about medical matters in a
  certain way or at a certain location. For example, you may request that we only contact you at work or by mail. Please submit your request in
  writing. We will not ask for a reason for your request and we will accommodate all reasonable requests.
- Right to a Paper Copy of this Notice: You have the right to receive a paper copy of this notice. You may ask us to give you a copy of this notice at any time. You may request in writing to Serenity Health Center that a copy be mailed to you.
- Mental Health Exemption: As per HIPAA Privacy Rule Mental Health Care providers who specialize in Psychiatry and Mental Health are specifically exempt from disclosing patient records to patients directly. The Privacy Rule definition of Psychiatric notes are "notes recorded in any medical records, upon written request and with proper signed Medical release form stating Facility, Physicians name, and Fax number, to the medical provider of your choice.

#### CHANGES TO THIS NOTICE

We reserve the right to change this notice. We reserve the right to make the revised or changed notice effective for medical information we already have or may obtain in the future. We will post a current copy of this notice in the office. The notice will contain on the first page, in the top left corner, the effective date. In addition, each time you we will offer you a copy of the current notice in effect.

#### COMPLAINTS

If you believe your privacy rights have been violated, you may file a written complaint with Serenity Health Center, 835 Oakley Seaver Driver, Clermont, FL 34711. Or with the Office of Civil Rights within the Department of Health and Human Services by visiting their website at <a href="https://www.hhs.gov/ccr/hio22">www.hhs.gov/ccr/hio22</a>. All complaints must be submitted in writing. You will not be penalized or retailated against for filing a complaint.

#### OTHER USES OF MEDICAL INFORMATION

Other uses and disclosures of medical information not covered by this notice or the laws that apply to us will be made only with your written permission. If you provide us permission, you may also revoke that permission at any time, in writing. If you revoke your permission, we will no longer use or disclose made with your permission, and that we are required to retain our records of the care that we provided to you.



### Acknowledgement and Consent Notice of Privacy Practices

The notice of Privacy Practices tells you how we may use and share your health records.

- 1. We will use and share your health records to treat you and to bill for the services we provide.
- 2. We will use and share your health records to run our practice.
- 3. We will use and share your health records as required by law.

You have the following rights with respect to your health records:

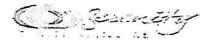
- You have the right to have your psychiatric medical records sent to another medical professional.
- 2. You have the right to receive a list of whom we have given your records to.
- 3. You have the right to ask us to correct a mistake in your health records.
- 4. You have the right to ask that we not use or share your health records.
- 5. You have the right to ask us to change the way we confact you.

All of these rights are explained in more detail in the Notice of Privacy Practices.

I have received a copy of Serenity Health Center's Notice of Privacy Practices.

I consent to the use and the sharing of my health records for treatment, payment, and operation purposes as described in the Notice of Privacy Practices. I know that if I do not consent, Serenity Health Care can not provide services to me.

Signature of patient or legal representative	Date
	2410



#### Billing and Insurance Procedure Consent

### You Must Read And Initial Where Indicated

1.	I request that payment of authorized Medicare/ other Insurance Company benefits be made on behalf of Serenity Health Centers for services rendered from physicians or associates of Serenity Health Centers. () Initial
2.	I authorize Serenity Health Centers to release any medical information concerning me to my insurance company or its agents necessary to determine benefits or the benefits related to the payable services. I am aware that I am responsible for any deductibles, co-insurances, and non-covered services. I understand this applies to all Medicare, and Commercial Insurance Companies. () Initial
3.	I understand that payment is due at the time services are rendered. All co-pays and deductibles will be collected. () Initial
4.	Serenity Health Centers will file a claim to your Insurance Company. If your insurance company does not respond to the claim within 60 days from the date of filing, then the balance will become the Patient's responsibility. The patient will receive a statement and payment will be due upon receipt. If payment is not received within 30 days, further action will be taken. If your deductible has not been met, or if you do not have insurance, arrangements must be made prior to your first appointment with the Physician or any medical personnel. () Initial
5.	Medicare patients: We will file your secondary insurance as a courtesy. We will only bill one insurance company after Medicare. If we receive no response, the balance after Medicare pays will be your responsibility. () Initial
6.	If you have an HMO, obtaining authorization is your responsibility for all visits, procedures, etc. If you choose to be seen without prior authorization and your insurance company denies payment, you will be responsible for your entire bill. () Initial
compa	ant Note: Please remember that your coverage is a contract between you and your insurance ny. WE ARE NOT PART OF THAT CONTRACT. We file as a COURTESY to you.
l,	Print Name , have read and understand the above billing and insurance lures.
Patien	t Signature
	Date

# Pritha R. Dhungana, MD, FAACAP Board Certified in Child, Adolescent & Adult Psychiatry



835 Oakley Seaver Dr. Clermont, FL 34711 Tel: 352-241-9282

803 E. Dixie Ave. Leesburg, FL 34748 Fax: 352-633-4288

### NO SHOW/NO CONTACT/ OFFICE ARRIVAL POLICY

Appointments are scheduled to accommodate your schedule and the schedule of our providers, please be courteous of their time as we are aware your time is just as valuable.

- Please arrive 15 minutes prior to your scheduled appointment time.
- New patients with completed paperwork, please arrive to the office 30 to 45 minutes prior to your appointment time. If you have NOT completed your paperwork Please
   ARRIVE 90 minutes prior to your scheduled appointment.
- If you are running late please call 352-241-9282, as a courtesy to the office staff, so that we are aware. We may be able to place the next person who is ready in with the provider, and you will not have to rush, without any fees being charged to you.
- We allow Established patients a 7 minute "grace period." If you are late after this time period you will be considered a NO SHOW.
- If any patient arrives 8 minutes after their scheduled appointment time and no calls have been made to reschedule or cancel, you will be charged a NO SHOW fee.
  See fee schedule below
- If you have an appointment with us and you do not CONFIRM, DO NOT Reschedule or Cancel 24-48 hours prior to your scheduled appointment you will be charged the NO SHOW/ No Contact Fee.
- Be aware that after 3 No Show/ No Contacts within a calendar year you will be automatically discharged from our practice.
- Prior to being rescheduled with a No Show/ No Contact Fee, this MUST be paid PRIOR to being able to Reschedule or and Refills being sent.

### No Show/No Contact Fees

New Patient:	\$100
Established 1st occurrence———	\$50
Established 2nd occurrence———	\$100
Established 3rd occurrence———	\$150

Date:

Please be advised that Serents, Usella Control	• and the second
Please be advised that Serenity Health Center WILL N discontinuation of medication(s), due to the inchiling	IOT be responsible for any adverse reactions due to
discontinuation of medication(s), due to the inability appointments as determined by their provider.	of the patient not coming in to their scheduled (initial)
Patient Signature:	50
	Date:

Parent/ Guardian Signature:\_